

WESTSIDE MEDICAL IMAGING

99 N La Cienega Boulevard, Suite 203 • Beverly Hills, CA • ph 310 289-9955 • fax 310 289 9959

How should I prepare for my Nuclear Stress Test?

You may be asked to wear a gown during the exam or you may be allowed to wear your own clothing.

Women should always inform their physician or technologist if there is any possibility that they are pregnant or if they are breastfeeding their baby.

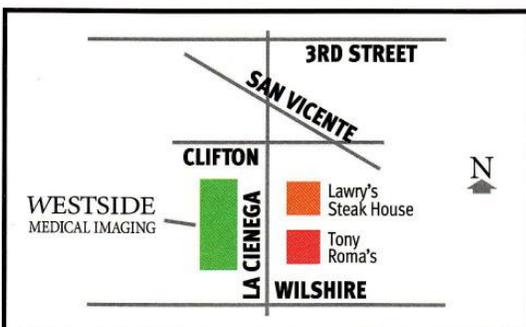
You should inform your physician and the technologist performing your exam of any medications you are taking, including vitamins and herbal supplements. You should also inform them if you have any allergies and about recent illnesses or other medical conditions.

You should inform your physician if you have asthma or a chronic lung disease or have problems with your knees, hips or keeping your balance, which may limit your ability to perform the exercise needed for this procedure.

Jewelry and other metallic accessories should be left at home if possible, or removed prior to the exam because they may interfere with the procedure.

You should avoid caffeine (caffeinated as well as decaffeinated coffee, hot and cold tea, energy drinks, etc.) and smoking for 48 hours before your examination.

You should not eat or drink anything after midnight on the day of your procedure, but you may continue taking medications with small amounts of water unless your physician says otherwise. If you take beta-blocker medication (Inderal, metoprolol, etc.) you should specifically ask your physician about temporary discontinuation.



Suite 103 is on the 1st floor.

Park in the underground garage.

Parking on the street (La Cienega) is available between 9:00 am and 4:00 pm.

CAUTION:

Your car will be towed before 9:00 am or after 4:00 pm.